

Autumn/Winter Menu Week 1

10th Nov, 1st Dec, 22nd Dec, 19th Jan, 9th Feb, 2nd March, 23rd March

WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option	Red Tractor Pork Sausage Roll & Home-baked Potato Wedges	Beef Taco with Corn Tortilla, Tomato Sauce & Sunny Rice 	Roast Gammon with Gravy, Stuffing & Roast Potatoes	Wholemeal Tomato & Cheese Pizza & Pasta 	MSC Fish Fingers & Chips
Vegetarian Meal Option	Macaroni Cheese	Italian Quorn Meatballs served with Pasta 	Quorn Grill with Gravy, Stuffing & Roast Potatoes 	Vegetable Sausage in a Bun with Home-baked Potato Wedges 	Vegetable Fingers & Chips with Ketchup 
Halal Option	Halal Chicken Sausage Roll & Home-baked Potato Wedges	Halal Lamb Taco with Corn Tortilla, Tomato Sauce & Sunny Rice 	Halal Roast Chicken, Gravy, Stuffing & Roast Potatoes		
Vegetables	Baked Beans & Sweetcorn 	Mixed Salad or Broccoli 	Seasonal Greens & Carrots 	British Red Tractor Garden Peas, Sweetcorn 	British Red Tractor Garden Peas, Baked Beans 
Sandwiches	Cheese	Tuna Mayo	Ham	Tuna	Cheese
Baked Jacket Potatoes	Jacket Potato with Tuna Mayo or Cheese or Beans  	Jacket Potato with Tuna Mayo or Cheese or Beans  	Jacket Potato with Tuna Mayo or Cheese or Beans  	Jacket Potato with Tuna Mayo or Cheese or Beans  	Jacket Potato with Tuna Mayo, Cheese, Beans or Salmon Mayo   
Dessert	Vanilla Shortbread  & Chocolate Sauce	Chocolate & Pear Crumble  & Custard 	Strawberry Jelly 	Oaty Date Cookie 	Vanilla Ice Cream

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt



England's target for 'free sugar' intake for your child
 Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
 On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Autumn/Winter Menu Week 2

27th Oct, 17th Nov, 8th Dec, 5th Jan, 26th Jan, 16th Feb, 9th March

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option	Pork Sausage & Mash with Gravy	Red Tractor Beef Pasta Bolognese & Garlic Bread 	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Wholemeal Margherita Pizza & Rice Salad 	MSC Battered Pollock & Chips
Vegetarian Meal Option	Veggie Sausage & Mash with Gravy ^{VG} 	Veggie Sausage & Baked Bean Hot Pot ^{VG} 	Quorn Grill with Gravy, Yorkshire Pudding & Roast Potatoes 	Macaroni Cheese	Cheese Flan & Chips
Halal Option	Halal Chicken Sausage & Mash with Gravy	Halal Red Tractor Lamb Pasta Bolognese & Garlic Bread 	Halal Roast Chicken, Gravy, Yorkshire Pudding & Roast Potatoes	Wholemeal Margherita Pizza & Rice Salad 	
Vegetables	Broccoli, Sweetcorn or Baked Beans 	Broccoli, Cauliflower & Carrots 	Seasonal Greens & Carrots 	British Red Tractor Garden Peas, or Sliced Carrots 	British Red Tractor Garden Peas, Baked Beans
Sandwiches	Cheese	Tuna Mayo	Ham	Tuna	Cheese
Baked Jacket Potatoes	Jacket Potato with Tuna Mayo or Cheese or Beans 	Jacket Potato with Tuna Mayo or Cheese or Beans 	Jacket Potato with Tuna Mayo or Cheese or Beans 	Jacket Potato with Tuna Mayo or Cheese or Beans 	Jacket Potato with Tuna Mayo or Cheese or Beans
Dessert	Shortbread Pin Wheels & Fruit Slices ^{VG} 	Chocolate Fudge Cake	Apple Sponge ^{VG} & Custard 	Flapjack ^{VG}	Chocolate Mousse

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt



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Autumn/Winter Menu Week 3

3rd Nov, 24th Nov, 15th Dec, 12th Jan, 2nd Feb, 23rd Feb, 16th March

WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option	Beef Burger with Home-baked Potato Wedges	Mild Chicken Curry served with Mixed Rice 	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Margherita Pizza with Pasta 	MSC Fish Fingers & Chips
Vegetarian Meal Option	Vegetable Burger with Home-baked Potato Wedges VG 	Vegetable Sausage Hotdog served with Home-baked Wedges 	Quorn Grill with Gravy, Stuffing & Roast Potatoes 	Boston BBQ Five Bean Stew with Sunny Rice 	Cheese & Onion Roll with Chips & Ketchup
Halal Option	Halal Lamb Burger with Home-baked Potato Wedges	Halal Mild Chicken Curry served with Mixed Rice 	Halal Roast Chicken with Gravy Stuffing & Roast Potatoes		
Vegetables	Sweetcorn, Baked Beans 	Broccoli, Cauliflower & Carrots 	Seasonal Greens & Carrots 	Broccoli or Sweetcorn 	British Red Tractor Garden Peas, Baked Beans 
Sandwiches	Cheese	Tuna Mayo	Ham	Tuna	Cheese
Baked Jacket Potatoes	Jacket Potato with Tuna Mayo or Cheese or Beans 	Jacket Potato with Tuna Mayo or Cheese or Beans 	Jacket Potato with Tuna Mayo or Cheese or Beans 	Jacket Potato with Tuna Mayo or Cheese or Beans 	Jacket Potato with Tuna Mayo or Cheese or Beans 
Dessert	Chocolate Oaty Slice VG	Syrup Sponge Pudding & Custard	Apple & Cinnamon Rolls 	Vanilla Cookie & Fruit Slices VG 	Iced Sponge Cake Topped with a Glace Cherry

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt



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